

Information Disclosure Document

To the participants of the “Addressing the Mental Health and Cross-Cultural Adaptation of International University Students: A Multi-Center Retrospective Cohort Study.” (Clinical research)

Our research has received approval from the Ethics Committee of Kyoto University Graduate School and Faculty of Medicine, as well as the director-general of the Agency for Health, Safety and Environment, Kyoto University.

[Title of the study]

Addressing the Mental Health and Cross-Cultural Adaptation of International University Students: A Multi-Center Retrospective Cohort Study.

[Representative of the organization]

Minoru Yoneda, the Agency for Health, Safety and Environment, Kyoto University.

[Representative of the study]

Yu Sakagami, the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University.

[Research aims and social contribution]

We assess this study and work on implementing management strategies to identify and prevent mental illness in international university students during their early stages. We aim to refer to this study in allocating resources and personnel to support the growing number of international university students.

[Study period and obtaining information]

1. Study participants

International students who were diagnosed with mental illness by school physicians at Osaka University, Nagoya University, and Kyoto University between January 2011 and December 2018.

2. Survey period

Approximately three months from the date of approval by the Ethics Committee of Kyoto University Graduate School and Faculty of Medicine and the Ethics Committee of each university after October 2023.

3. Research period

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From the date of approval by the Ethics Committee of Kyoto University Graduate School and Faculty of Medicine and the Ethics Committee of each university until March 31, 2028.

[Purpose and Methods of Sharing Information.]

We aim to assess mental illness among international university students and identify potential risk factors. The information collected will be strictly analyzed and stored within the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University.

[Information items to be used]

Research items	Age Gender Mother country Course Diagnosis (ICD-10) Date of the onset of symptoms Progress of symptoms History of medical consultation Contents of diagnosis and treatment Outcome Medical history History of present illness Family history Main stressors and related factors Japanese linguistic abilities (oral literacy) GAF (Global Assessment of Functioning): The lowest score during all consultation periods
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[Research members and their roles]

Professor Yu Sakagami of the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University, for conceptualization, administration, data analysis, and manuscript writing.

Professor Hiroyoshi Adachi of the Health and Counseling Center, Osaka University, for administration and manuscript writing.

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Specially Appointed Associate Professor Tadashi Sakai of the Global Engagement Center, Nagoya University, for administration and writing the manuscript.

Specially Appointed Lecturer Jiro Takeuchi of the Clinical Research Center, Nara Medical University, for data analysis and manuscript writing.

Assistant professor Satoe Okabayashi of the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University, for data analysis and manuscript writing.

Assistant professor Sakiho Ueda of the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University, for data analysis and manuscript writing.

Graduate student Yoshitsugu Murata of the Graduate School of Medicine, Kyoto University, for data analysis and manuscript writing.

[Representative of management and security of information]

Yu Sakagami, the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University.

[Information handling]

We obtain information on diagnosis and treatment from the school physicians of each university. However, we did not collect personally identifiable data such as name, date of birth, student ID number, major and department, or any other information that could identify an individual. If we obtain identifiable information, we will be halted by requests from the research participants or their representatives. If you do not consent to use your information for research purposes, you can claim an exclusion from the research. We have securely stored the data we collected on an external memory device that can only be accessed by entering a password, and it is handed directly to the representative. To ensure confidentiality, only computers with password protection will be allowed to perform data analysis within the laboratory. Additionally, we will store the data in a locked cabinet for added security. The data we collect will undergo analysis within the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University. It will not be shared with any other institutions. If we report our findings, we will not use information that individuals can be identified. After publishing the last research paper, we will delete the obtained information after ten years.

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[Obtainment and viewing of resources related to the research]

We will disclose the resources related to the study on the Sakagami Laboratory website, Agency for Health, Safety and Environment, Kyoto University, within a scope that does not hamper the protection of research participants' personal information and intellectual property.

[Research Funding and Conflicts of Interest]

This research will be funded by the university budget. The authors have no conflict of interest to declare.

[Consultation service for queries and questions about the research participants and the concerned people]

You can contact us for queries and consultation regarding the research as follows:

a) Kyoto University Consultation Counter

The Agency for Health, Safety and Environment, Kyoto University

(Tel) 075-753-2393

(E-mail) 810kikochosei@mail2.adm.kyoto-u.ac.jp

b) Consultation service for the research topic

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